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## Creating Your Goals Affirmation Collage

1. If possible, play some inspirational music.
2. Obtain old magazines and cut out pictures that bring a smile to your face. You can also collect photographs of special occasions that bring back fond memories of when you were truly blessed.
3. Paste or tape these pictures onto a large poster board.
4. Cut out positive quotes (that mean something to you) from various magazines and glue them onto your collage.
5. Write your own quotes on your collage with different colored magic markers.
6. Feel free to make as many collages as you desire.
7. Post your Goals Affirmation Collages on your bedroom walls, on your refrigerator, in your bathroom and any other places that you see regularly.
8. Slide a smaller collage (8.5" by 11" dimensions) into a plastic cover (so it is not damaged) and put it into a binder that you take with you wherever you go.
9. Review your Goals Affirmation Collages at least three times a day (morning, afternoon, and evening).

**Your Success is Your Choice... Shine Your Light...**